

# Montgomery High School Guidance News

CORIE GAYLORD, DIRECTOR OF STUDENT ACADEMIC AND COUNSELING SERVICES CGAYLORD@MTSD.US

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### News



### **MHS**

It is finally beginning to feel like spring as we head into the remaining weeks of school. We want to wish the seniors all the best as they move on to the next phase of their lives. What an exciting time! Juniors are anxiously awaiting their senior year and all the wonderful events planned for them. Sophomores, junior year is right around the corner; freshmen, you have almost completed your first year of high school—well done! The MHS counselors are here to support all of you in setting and meeting your goals and we are all looking forward to welcoming the class of 2025 in September!

### **Seniors**

It seems early to start saying goodbye, but the entire Counseling/Guidance Department would like to take this opportunity to wish you well as you pursue your dreams beyond MHS. Please be sure to let us know your plans for further education, the workplace or the military. (complete the Senior Survey!). Be confident, be humble, and, most of all, be true to yourself.

### Important News:

### MHS Offers Summer School Courses

This summer students will again be able to take advantage of course offerings for enrichment or advancement. Please visit the S.O.A.R. website to register and for more information: SOAR@mtsd.us.

### **Other Summer Courses**

Students who take a summer course either online or in a traditional classroom must fill out an Option II form and submit it to the Guidance Department **BEFORE** registering to be able to gain credit. This includes students who have either failed a course or are taking a course for advancement. The Option II application can be found on the Guidance website of the high school under "Option II/Summer School" and must be submitted by May 14th for courses to be completed during the summer.



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### **Summer Assignments:**

Students, please remember to complete any summer assignments and summer reading for any classes. Do not wait until the end of the summer! Summer assignments can be found on the department websites of the high school web page.

### Scheduling for 2021-22

If a student did not meet the pre-requisite to be placed into an HONORS or AP course for next year, they may apply to waive into that course. Waiver application forms can be obtained from their teachers. The applications must be completed in full, require student and parent signatures, and be submitted to their current subject area teacher by April 30th.

Students will be informed of an approval or denial by June 3rd.

## NO WAIVER FORMS WILL BE ACCEPTED AFTER APRIL 30th.

All course request changes need to be in to counselors by April 16th - changes will not be made after this date.

Mankind will endure when the world appreciates the logic of diversity.

—Indira Gandhi

### Montgomery High School

**Upcoming Events:** 

April – date TBD: "Welcome to High School" webinar for 8th grade parents April 22: "Angst" virtual screening at 7pm (see below) May 18-28: AP Testing

May 26: Senior Scholarship

Awards

End May—date TBD: Student Academic Awards

Academic Awards
June 18: Graduation!





#### **Class of 2022:**

Over the summer, please log in to *Naviance* and complete the "Student Brag Sheet" and "Activities Resume" which can be found under the "About Me" tab. Also, parents need to complete the "Parent Point of View" in that same location. Until these items are completed school counselors cannot send out materials to colleges in the fall.

#### **Counselor Availability:**

Counselors will have limited availability to voicemail and e-mail over the summer.

They will return e-mails and messages at their earliest convenience upon their return to Montgomery.



# GREAT OPPORTUNITY AHEAD

### **Opportunities**

The "Opportunities" postings, previously on the guidance department website, have been modified. In an effort to increase awareness, the opportunities will be e-mailed to registered students through Naviance. These include programs such as Governor's School, the Prudential Spirit of Community Awards and so forth. Opportunities are characterized as programs which are not tuition or fee based. They run the gamut from awards to educational and leadership programs.



The Montgomery Rocky Hill Municipal Alliance is pleased to partner with other local Municipal Alliance's to bring you a virtual screening of the documentary "Angst". This documentary speaks to the anxiety that is crippling our youth and placing heavy burdens on our families. I encourage you to go to the website <a href="https://angstmovie.com/">https://angstmovie.com/</a> to learn more. Thank you for your support!

Please register at <a href="https://bit.ly/2PMUCUH">https://bit.ly/2PMUCUH</a>



What we do is more important than what we say or what we say we believe.

~bell hooks

### SAC CORNER

We are excited to announce that the Montgomery High School People Project has been working closely with Safe & Sound Somerset to connect the students and staff at MHS with free services, and promote a safer, happier, healthier, and more respectful community. The People Project will be participating in an interactive virtual training on April 21<sup>st</sup>, to learn more about teen dating violence and domestic abuse. The People Project will continue to share resources and support on their social media outlets. Please follow us on Instagram: @mhspeoplepoject We also welcome you to follow Safe & Sound Somerset as well. See below: safe+sound somerset *ending domestic abuse once and for all* 

427 Homestead Road Hillsborough, NJ 08844 Office: 908.359.0003 x214

24 Hour Call or Text Hotline: 866.685.1122

www.safe-sound.org



More exciting news! The SAC office is coordinating prevention efforts with Somerset County. Meg Isbitski, the Mental Health Administrator at Somerset County of Human Services and I are looking forward to joining forces on a very important initiative – "Stigma Free Somerset County Community Campaign". It was created for the purpose of bringing education and awareness to the community around mental health and substance use disorders. It is our hope that we will continue to work together to provide support to our community. Here is a link to the County pledge: JOIN THE "STIGMA-FREE" MOVEMENT! | Somerset County

### **RESOURCES:**

The Somerset County Hope and Healing program is offered through Richard Hall Community Mental Health Center and provides virtual emotional support services to Somerset County resident and area employees. The program is anonymous, completely confidential, and free. Please click link for more information:

Somerset County Hope and Healing

For more information, please reach out to Christine Grossmann <u>cgross-mann@mtsd.us</u>